



Online webinar

Mental health

In diabetes type 1

Wednesday March 2nd, 2022
5.00 – 6.00 pm CET

Webinar for physicians and
nurses treating diabetes type 1

Accreditation points requested for
Dutch healthcare professionals

Around 1 out of 4 people with diabetes type 1 experience diabetes-specific emotional distress. As emotional wellbeing is a prerequisite for self-care, and consequently treatment success, monitoring and treating this should be an integral part of diabetes care. This is emphasized by the latest international diabetes type 1 guideline.¹

In this webinar we are honored to welcome Professor Emeritus Frank Snoek to speak on this topic. After his talk we will be joined by three top endocrinologists from Finland, the Netherlands and Norway. Together they will discuss how to approach this important aspect of diabetes type 1 in clinical practice.

Program

5.00 – 5.05 pm Opening and Welcome

5.05 – 5.20 pm Presentation by Professor Frank Snoek
Professor Emeritus Medical Psychology at Amsterdam UMC about:

- the most common psychological problems and their impact on well-being, self-management and glycemic control.

5.20 – 5.55 pm Discussion with expert panel about:

- How do you approach this in clinical practice?
- What are some of the challenges?
- Where are the opportunities?

5.55 – 6.00 pm Key take-aways and closure

¹ Holt RIG et al. The management of type 1 diabetes in adults. A consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD). Diabetologia. 2021 Dec;64(12):2609-2652.



Prof. Frank Snoek

Prof. Frank Snoek is a licensed clinical health psychologist and Professor Emeritus of Medical Psychology at the Amsterdam University Medical Centers in Amsterdam, the Netherlands. He has special interest in promoting self-management and mental health, both in youth and adults with diabetes.



Prof. Torild Skrivarhaug

Prof. Torild Skrivarhaug is Head of The Norwegian Childhood Diabetes Registry and works at Department of Pediatrics, Oslo University Hospital, Norway. She has a wide range of publications on different type 1 diabetes topics related to children and adolescents.



Dr. Elina Pimiä

Dr. Elina Pimiä is the Head of Diabetes Outpatient Clinic in the city of Tampere in Finland. She also works part-time as the Chief Physician in the Finnish Diabetes Association. She has a wide experience as a specialist in internal medicine and endocrinology and she works actively to enhance and develop the treatment and quality of life of people with diabetes.



For more information and (free) registration please visit www.marktwo.nl

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